

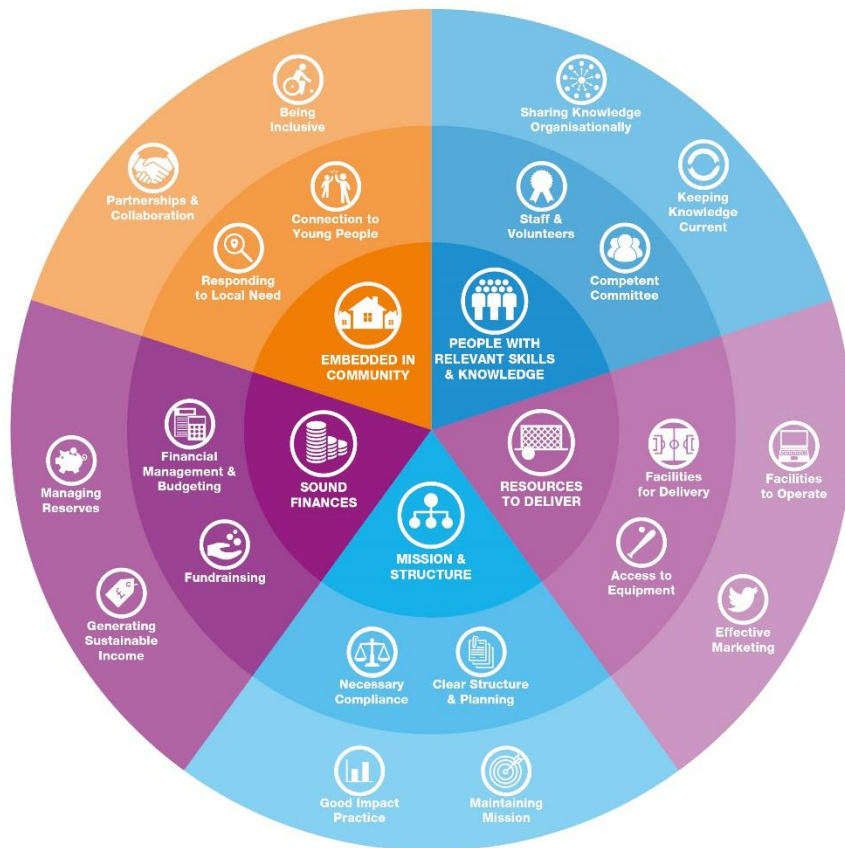
# SPORTED'S CAPACITY MEASUREMENT TOOL



In order to better understand our members' needs, Sported have developed a comprehensive model of capacity, which identifies the key elements a community club or group should have in place to ensure **sustainability**.

## GAME PLAN AND TIME OUT SURVEYS

In conjunction with the model, we have developed our 'Game Plan' and 'Time Out' surveys, which are completed by members before and after long-term mentor support. From the surveys a **capacity score** is calculated, for each area and overall.



## Benefits to members:

- encourages **self-reflection**
- highlights things they are doing well
- highlights areas they perhaps hadn't thought about
- identifies key **areas for development**
- helps members to plan and **prioritise**
- Comparisons of the two surveys **demonstrates improvements**

Primarily the aim of the Capacity Measurement Tool is to better support members. In addition, Sported can learn from the aggregated the results.

## Wider benefits:

- Provides insight into 'grassroots' Sport for Development groups
- Highlights general strengths and weaknesses of groups
- Can tailor specific services or projects to group's needs
- Evidence of the need for capacity building in the Sport for Development sector
- Evidence of Sported's impact