



FUTURE LEADERS IN SPORT - FAQs

How much time will I have to commit to being involved in this programme?

There isn't a set amount of time but you will have to be available to work with a mentor, attend fairly regular workshops and generally commit to setting up and running your own project. On average, participants will have 5 hours per month to meet with mentors and attend group workshops. The rest of the time is dependent on your project idea and time spent running it. The specifics of this will be finalised in conjunction with the selected participants before the programme begins but it's worth remembering, the more you put in the more you'll get out!

Why do I need to have a sponsor (advocate) from a club?

This is to ensure there is someone with experience of establishing and running a community sports group on hand to provide you with the support and backing in your community that you may need to succeed. It also helps us understand a little more about the challenges you might face and guard against these as much as possible. If you've already set up your own project, your advocate can be from an affiliated club/group.

Does my project have to be new or can it be established already?

Either! Ideally it won't be fully established as we're hoping to support you to do that, but if it already exists or is an idea you've begun developing, that's fine. If you've also just got an idea and nothing else, that's great too!

Does it matter who my project is aiming to target (e.g. age, gender) or which sport it's focussed on?

Your project should be supporting young people up to the age of 25 and there does not need to be any specific focus on sport, just that there should be some sport or physical activity being delivered. We are looking to support a variety of projects so please keep that in mind.

What specific training will I receive? Who will deliver that?

You will receive three main types of training: personal, organisational and technical. The personal development will include working with a mentor to develop your leadership skills. The organisational development will be all about setting up your project and ensuring its sustainability and this will include workshops and support around governance, fundraising, impact measurement and whatever else you might need to have in place. Lots of this training will be delivered by Sported and our inspirational volunteers. Finally, the technical training will be around specific aspects of your idea and will depend entirely on what you need and will likely be delivered through one of Sported's partners.



Will it cost me anything to participate this programme?

No! Participation is free. We will be able to support you with any travel costs you might incur.

How are Nike involved in this project?

Sported and Nike have teamed up to support grassroots organisations who are harnessing the power of sport to have a positive impact on their local community. In addition to funding and helping to design the program, Nike will offer expertise through an inspirational marketing workshop and provide session locations and athlete access throughout the 12 months.

What happens after the 12 months are finished? Will I receive anything for completing the programme?

Upon completion of this programme we plan to hold an event to celebrate the achievements of those involved and to promote the impact of their project amongst key stakeholders. Following that, and the formal closure of the programme, Sported will continue working with you to ensure your project survives and thrives by providing you ongoing access to our member services and benefits. A list of these can be found [here](#). You can of course mention participating in this programme as part of your professional development on your CV.

What if I am, or will be, outside of the age bracket over the next 12 months?

You must be 16 or over at the time of application to be eligible. If you're going to be turning 31 in the next 12 months, that is absolutely fine and we will still consider your application.

What kinds of project (impact) are you most interested in?

We're interested in all kinds of projects! For this programme, we're more interested in finding out from you what kind of (sports) project is most needed in your community and why. It's worth thinking about what the challenges are where you live and why your idea is uniquely placed to tackle these.

What is your definition of BAME?

BAME stands for Black, Asian and Minority Ethnic and is defined as all ethnic groups except White ethnic groups. It does not relate to country of origin or affiliation.

If you have any further questions that are not answered above, please contact us at london@sported.org.uk .