

Welcome to Disability Funding Webinar

Hosted by Sported

When you arrive please put your name and your organisation name in the chat box so we can see who has joined the session



Agenda

- Help with understanding what is out there for disability groups
- Application processes for Disability Rights UK TIF
- Some basic hints and tips when applying for grants and funds

What's out there??



Funding Options for Disability Sport

Non-disability-specific funders are in italics.

Funders we think are likely to be particularly suitable for Sported groups are highlighted in yellow.



Disability Rights UK TIF

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Projects that will lead to physical activity taking place immediately or in the very near future. Work to be completed by March 2022.

Projects must be responding to need arising out of the Covid-19 pandemic. Football projects are unlikely to be funded (contact DR UK for advice).

Short application form to be submitted by email

No deadline yet (early application is strongly encouraged as the fund will close when the money has been allocated)

Disability Rights UK TIF

Small number of grants of up to £10K are also available for disabled people's user-led organisations (DPULOs).

User-led grants are specifically for innovative projects that show the value of user-led approaches to tackling inactivity and can demonstrate their impact.

You should only consider applying for these larger grants if your work is genuinely user-led (this requires much more than user consultation) and you should expect to do more evaluation (support will be available).

If you are unsure if you are user-led contact DR UK

Disability Rights UK TIF – next steps

We will send the application forms and guidance out following this webinar

If you are right for the grant and interested in applying complete the forms and send to tacklinginequalities@disabilityrightsuk.org

Any issues please get in touch with Sported

Basic hints and tips when applying for grants and funds

How to choose your funder

Your chance of success is better if your project is a good fit with the funder's priorities

If your organisation is not eligible to apply you WILL be rejected so check eligibility

Consider attitude to part-funding

- Check the kinds of participant the funder likes to support and the outcomes they're interested – look for a good match
- Many funders only fund registered charities
- Some don't fund new organisations
- There may be a minimum or maximum income criterion
- Some funders like their grant to 'make a big difference'
- Others want to see that someone else is willing to invest

Funding for 'capital' projects

- Landfill trusts: e.g. Biffa, SUEZ, Veolia, Viridor, Grantscape
- National Lottery: Reaching Communities
- Sport England: Community Asset Fund (*currently closed*)
- Bernard Sunley Foundation
- Clothworker's Foundation
- Ford Britain Trust
- Garfield Weston Foundation
- HS2 Community and Environment Fund
- Some water company community funds – *they tend to prioritise environmental projects*

Funding for a building project will usually need to come from several sources

Many funders will only contribute a small percentage of the overall cost

Eligibility is usually limited to incorporated organisations

How much to ask for

- It's rarely a good idea to ask for the maximum amount – most grants awarded will be for less than this

Some funders give guidance on the typical grant size – pay attention to this

- Estimate your costs properly and don't construct your budget to hit a particular total
- If you're applying for a large grant ask yourself whether your organisation is a credible applicant for this sum of money...

How much is too much?

- **Would this grant represent a large increase in your annual income?** *You'll need to convince the funder you're capable of managing a larger grant wisely and delivering on your promises*
- **Do you have a track record of managing projects of similar size, scope and length?**
- **Do you have a track record of this kind of work?** *If not, it may be better to partner with an organisation that has relevant expertise*
- **Do your accounts and bank statements indicate that your finances are well-managed?**

How to write a strong application

You need to persuade the funder that:

- **Your project is a great way to deliver the outcomes they're interested in**
 - explain how your activities lead to these outcomes/benefits
- **Your organisation is well-placed to deliver the project**
 - skills and experience of your team
 - your track record
 - your understanding of the community you work with
 - useful partnerships with other organisations
- **Your project is needed in your area**
 - explain what gap in local services will you be filling

The only information a funder will have is what you tell them on the application form.

Disability: making the case for the extra costs

- ***Don't assume*** that a non-disability-specific funder understands the additional costs of activities for people with disabilities.
- ***Don't assume*** that the funder understands your sport, how it works and what you need to run sessions.
- ***Explain that disability sport is more expensive.*** Tell them about the extra costs for your particular sport and explain why they arise.
- You may also want to explain why you chose the sport you offer

Describe and explain the extra costs

Your volunteers require additional safeguarding training **because** they are working with vulnerable people

You need lots of volunteers **because** some participants require one-to-one support to take part

Venue hire is expensive **because** you have to use a facility with changing facilities that are suitable for wheelchair users

You need additional hygiene supplies **because** a lot of your participants are medically vulnerable as well as having disabilities

Sessions are longer **because** you have to spend longer checking everyone's equipment or explaining plans, **because** your participants have an intellectual disability

Groups have to be smaller **to ensure** that participants get the individual attention they need to be fully involved and stay safe

Administration costs are higher **because** you have to do individual risk assessments for each participant, updated every X months

Highlight the impact on physical health

Physical activity has important benefits for people with disabilities:

- Strengthens muscles and bones
- Improves mobility and balance
- Improves fitness
- Helps to prevent chronic disease
- Makes maintaining a healthy weight easier

People with learning disabilities are at higher risk of a wide range of poor health outcomes

(UK govt, 4 Oct 2016;

<https://publichealthmatters.blog.gov.uk/2016/10/04/health-inequalities-and-the-hidden-majority-of-adults-with-learning-disabilities/>)

See *Physical Activity for Disabled Adults: Infographic* (DHSC, September 2019):
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/829889/4-physical-activity-for-disabled-adults.pdf

Highlight the psychological benefits

Participating in sport promotes participants' psychological wellbeing

- Participants are more communicative during activity
- They experience and express positive emotions
- Participants get a sense of achievement
- Enhances participants' independence and daily living skills
- Participating in sport empowers your participants to realise their full potential
- Can be a path to voluntary work or paid employment

You could include some quotations from your participants about how taking part in sessions makes them feel

Highlight the wider benefits

The benefits for families and wider society

- Transforms perceptions by highlighting the skills of participants rather than the disability
- Encourages people with disabilities to claim their voice
- Gives parents/carers a much-needed break from their responsibilities
- Brings parents/carers together informally - they can share experiences and benefit from mutual support
- Creates opportunities for people with and without disabilities to interact

Some useful facts

- Last year only 58% of disabled people felt they were given the opportunity to be as active as they wanted to be.
- Last year only 18% of disabled people were happy with their activity level, compared with 40% of non-disabled people.
- Twice as many disabled people (27%) as non-disabled people (13%) felt that the pandemic greatly reduced their ability to do sport or physical activity.
- Like non-disabled people, people with disabilities said that lack of activity during the pandemic has made it harder to manage their physical and mental health.
- The pandemic has put additional barriers in the way of exercise for disabled people, compared with non-disabled people: fear of contracting the virus (35% vs. 13%), lack of space (23% vs. 18%) and lack of support to exercise safely at home (16% vs. 5%).

From the *Annual Disability and Activity Survey 2020-21* (Activity Alliance, 2021):

<https://www.activityalliance.org.uk/how-we-help/research/annual-survey>



Ethnically diverse communities faced additional barriers to staying active

Ethnically diverse participants were more likely to report that the pandemic had affected their ability to take part in exercise (86% vs. 57%)

Compared with their white counterparts they were more likely to report

- Lack of space at home (41% vs. 22%)
- Lack of support from family (26% vs. 15%)
- Work commitments (19% vs. 4%)

From the *Annual Disability and Activity Survey 2020-21* (Activity Alliance, 2021): <https://www.activityalliance.org.uk/how-we-help/research/annual-survey>

Next steps

- Following this session information will be sent on 1:1 clinics with the links to sign up
- Come to the session with a draft application or just your ideas about a project and budget – read the grant guidance and check it is right for you and your organisation – if you aren't sure ask!

How we can support you

- Volunteer support to assist in writing and submitting grants
- Support in project planning
- Support to make your organisation more appealing to funders
- NEW HUB

Sported Hub

The Sported Hub is our new member area to access and find more about the **FREE** resources and support you can receive as Sported members.

You can...

- Search through our resource library
- Explore the members section to find out how we can support you
- Quickly book onto free Sported events and webinars
- And much more

Thank you!

Tell us what you thought of today's session:

1. Fill in the survey

<https://www.surveymonkey.co.uk/r/DisabilityFundingWebinar>

2. Tag us on social media

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DOMESTIC VIOLENCE WORKSHOP
WEDNESDAY 14TH July 16:30 – 17:30

COUNTY LINES NETWORKING EVENT
TUESDAY 27th July

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