

SPORTED Sprint

Recruiting and Retaining volunteers with Tash from WeSwim

June 2023



Recruit

- Understand your organisation's needs
- Develop clear, meaningful volunteer roles
- Set realistic expectations
- Flexibility – task-based/bite sized opportunities
- Offer a taster session if possible
- Service users can also be volunteers

Retain

- Support – Check in after the first session
- Provide regular opportunities for support and supervision
- Consider a review period
- Really listen to volunteers and make reasonable adjustments
- Volunteer buddies

Retain continued

- Meet volunteers' expectations
- Make it as easy as possible
- Reimburse expenses
- Value their time and contributions
- Highlight volunteers